

:odyssey

reflect. develop. focus.



An extraordinary journey of reflection for executives

:odyssey – in a nutshell

odyssey is designed to give experienced executives and specialists the opportunity to pause and take stock of their professional achievements, personal resources, and individual growth. Three distinct phases form the basis of this 3-day intensive reflection:

- reflect.** Look back on your path, define your present position, and evaluate your current course.
- develop.** Discover alternative routes and develop new goals.
- focus.** Concentrate on your chosen track and full speed ahead!

Step by step, in a professionally managed environment, participants will have the opportunity to examine their own (leadership) performance, determine their career trajectories, and define future personal and professional development milestones. Each day is characterized by intense, personal reflection facilitated through various techniques, such as investigating perspectives, systemic development models, peer discussion, and methods of inspiration.

The individual identification process will be accompanied by three executive coaches and a physiocoach, who will devote time during and after the workshop to one-on-one sessions. In an intimate but professional setting and a maximum group of 10 persons, the participants will experience stimulating insights on their individual odysseys. To ensure an environment of confidentiality and openness, only one participant per company will be accepted at a time.

:odyssey – areas of personal insight

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|---|---------------------------------|
| _self perception vs. perception by others | _strengths vs. weaknesses |
| _virtues vs. stumbling blocks | _motivators vs. demotivators |
| _intrinsic drivers vs. restraints | _antipathies vs. challenges |
| _blind spots vs. self-awareness | _attitude vs. behaviour |
| _visions vs. blockades | _security vs. change |
| _pretense vs. authenticity | _self-management vs. leadership |
| _self-determination vs. subordination | _capabilities vs. potential |

personal growth is within reach...

:odyssey – terms and conditions

The participation fee is €2,960.00 plus tax

Service package

- _ phone briefing to clarify expectations, personal goals etc.
- _ three days of guided personal and professional self-reflection, beyond the ordinary in methods and content
- _ intensive professional guidance and support from a team of senior coaches specialized in the development and training of executives
- _ documentation, handouts and workshop material
- _ an individual session with the physiotherapist on authentic physical expression
- _ photo documentation of the workshop
- _ 60-minute follow-up telephone coaching

:odyssey – dates in 2011/2012

- 28 – 30 September, 2011 (Wed. – Fri.)
- 23 – 25 November, 2011 (Wed. – Fri.)
- 08 – 10 February, 2012 (Wed. – Fri.)
- 18 – 20 April, 2012 (Wed. – Fri.)
- 19 – 21 September, 2012 (Wed. – Fri.)
- 14 – 16 November, 2012 (Wed. – Fri.)

For any further questions and if you want to ascertain that odyssey fits your needs, please contact us for a preliminary no-obligation consultation.